

Trident Refit Facility, Bangor

Refit Review



January 2023

Volume 34, Issue 1

**MIRACLE
ON
ICE** TRFB Sailor
Skates to
Win for the
Navy

+PLUS

**STAY STREETS AHEAD
BY BEING
STREET SMART**

&

**BZs and
Observances**



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Cover:

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U.S. NAVY
MIRACLE
ON ICE



Team Navy Region Northwest player MMN1 (SS) Jake Feldman, TRFB Welfare and Recreation Committee Emblamatics Officer assigned to Quality Assurance Department, Training, holds a trophy over his head after defeating Team Army 10-9 in overtime. These two teams face off annually and this game marked the first one back since COVID.

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Corner

REFIT REVIEW

Commanding Officer.....Capt. Michael D. Eberlein
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CAPTAIN'S CORNER

Happy New Year TRF Bangor,

I'd like to once again wish each and every one of you and your families best wishes for 2023. The end of the previous year always gives you a chance to reflect on what has gone well and I continue to be amazed at what this team can do.

The way our team can come together to get the mission done is truly humbling for me – as a recent example (if you hadn't heard in my email), the drydock cover on Delta pier blew free in the high winds and derailed, damaging one set of trucks and bending the structure of the building.

I had a chance to observe the team lift it and get it in a position where we were able to re-stow it. The feedback I received from some of the external observers was amazement at how the TRFB team can come together. It truly is a privilege to work alongside and support all of you – if we have to respond to a crisis there is no team I'd rather be with.

I would also like to thank everyone for being flexible during the inclement weather event over the week before Christmas. I know it can be frustrating waiting for information on whether you need to come in or not. I promise, we do not make these decisions lightly.

One of the biggest issues was that the roads and parking lots on base were not being cleared quickly enough (and sometimes not at all). Rest assured I am working this issue with NBK leadership and we will work together to make certain this doesn't happen in the future.

Looking forward into 2023, I have the utmost confidence that this team can take us to new heights and we can end this year outperforming even last year.

A command is only as good as its people, and we have the best people. That's why it is my goal is to keep awards, training and career opportunities for team members flowing. I highly encourage everyone to speak with their supervisor about what opportunities could be available for you or your fellow team member. It is my goal to give everyone at this command the opportunity to thrive at TRFB.



In regards to winter, we are “over the hump” now, but as the days now are getting longer again, we can already look forward to spring like a light at the end of a tunnel. But even as days get longer and weather gets better, please keep safety in mind. Mild days can cause a false sense of security, so please don't fall prey to that feeling. Please continue to wear the proper safety equipment and continue to practice operational risk management in everything you do.

I hope 2023 will bring blessings to you, your friends, and family. I'll see you on the “deckplates”!

V/R,

CAPT Mike Eberlein
Commanding Officer
Trident Refit Facility Bangor

DISCIPLINARY REPORT

December Discipline

- 3-Day Suspension – Failure to Follow Instructions (non-supervisory)
- 2-Day Suspension – Failure to Follow Instructions (non-supervisory)
- Removal – Lack of Candor and Failure to Follow Joint Travel Regulations

To protect the identity of those involved, no specific details are provided. This report is produced by the Northwest Human Resources Office.

(non-supervisory)

- Termination during Probationary Period – Not Meeting Attendance Expectations (non-supervisory)

U.S. NAVY MIRACLE ON ICE

Article by Nick Scott, TRFB Public Affairs, Photo: Courtesy of MMN1 Jake Feldman

South Florida is not generally synonymous with ice hockey, but that didn't stop Parkland, Florida native and Trident Refit Facility, Bangor, team member Machinist's Mate (Nuclear) 1st Class Jake Feldman from developing a passion for the sport.

"I tried everything but nothing really stuck until I tried hockey," said Feldman. "I love hockey because it's the most fast-paced and energetic sport, it's exciting."

Feldman was so good at his choice of sport that the family relocated to Denver when he was a freshman in high school, a city much friendlier to a hockey crowd. Feldman went on to play for teams all over Colorado, Ohio and Michigan.

Though he thought about trying to play for a university, the U.S.

Navy recruiter who came to Feldman's high school made too tempting an offer. Get the training you need to be an engineer, and you can always go to college later with the G.I. Bill. For free.

This shift in career paths did not deter Feldman from following his passion for hockey and it was his skill on the ice that helped team Navy Region Northwest beat Army Region Northwest, 10-9 in overtime, in their sixth annual game last fall. This game marked the first one back since 2019 with the 2020 and 2021 games being cancelled due to COVID.

The 2022 game was held at the Kraken Community Iceplex, the training facility for the Seattle Kraken National Hockey League (NHL) team and consisted of U.S. Navy Sailors from Naval Base Kitsap, Bangor and Bremerton as well as Naval Station Everett and Naval Air Station Whidbey Island. While only Sailors

play on the team now, it is open to Marines and Coast Guard members who want to try out as well.

The opposition was made up of U.S. Army soldiers and U.S. Air Force airmen from Joint Base Lewis-McChord.

"It was a bit of a Cinderella night," said Feldman. "When people ask how the game was, I tell them we crushed them even though it was 10-9 in

overtime. You might point out that is not a crushing score, but it is to me because their dreams were crushed!"

Throughout the game, neither team led by no more than one goal as the two teams leapfrogged each other on the scoreboard.

"I thought it would never end," said Feldman. "The overtime goal was insane."

Feldman said it was exciting to play a sport for which he is so passionate in front of more than 700 spectators.

"The Iceplex holds only a crowd of about 900, so we almost packed the place," said Feldman. "We hope to play somewhere bigger next time, maybe the ShoWare Center in March."

The access ShoWare Center in Kent, Washington, is home to the Seattle Thunderbirds major junior ice hockey team and holds up to 7,141 spectators when configured for hockey.

"I don't think we'll fill it," said Feldman.

Feldman said he is grateful that his parents, wife and 18-month-old twin son and daughter were able to attend and watch him make the initial pass that led to the winning goal. ❄️



MMN1 (SS) Jake Feldman, TRFB Welfare and Recreation Committee Emblamatics Officer assigned to Quality Assurance Department, Training, poses with his wife and children after a hockey game with team Army.



Code 08 Safety Briefing

January 2023

Topic: **Near Miss Campaign and Focus Months**

Code 08 Contacts

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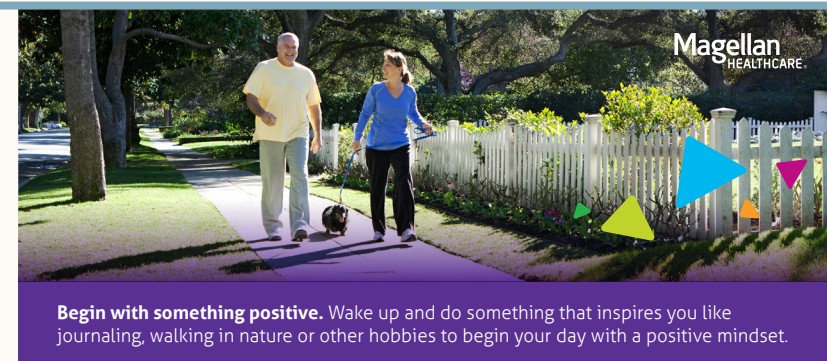
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Manager
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Call your DON CEAP at 1-844-DON-CEAP (TTY 711) or visit MagellanAscend.com for helpful resources.

TRFB Safety & Health Program Focus Month Schedule

Jan: Walking/Working Surfaces
Feb: Eating Areas
Mar: Energy Control & LOTP

Apr: Confined Spaces
May: Hearing Protection & PPE
Jun: Electrical Work

Jul: Hot Work
Aug: Machine Guarding
Sep: Fall Protection & Falling Objects

Oct: Respiratory Protection
Nov: Toxic Metals
Dec: Scaffolding

SAFETY FIRST

Near Miss Campaign

In CY21, TRFB had 103 recordable injuries, and in CY22 had 67 recordable injuries. This is a 35% injury reduction and our first decrease in three years.

Additionally, we made great strides as a Command Team last year by increasing our numbers of reported near misses from three in CY21 to 30 in CY22. Increased near miss reporting and injury reduction positively impacts our mission and will be a major focus of the Command Team this year.

Near miss reporting is a valuable source of information, providing the command with opportunities to identify hazards or weaknesses in our programs and correct them to prevent future incidents. By implementing the proper safety controls in advance, we will reduce our risk of injury and can help meet our 10% injury reduction goal for CY23 to ensure we sustain this positive trend.

As a Command Team, what did we do to reduce injuries in 2022?

Code 08, Code 200, Code 700, and Code 300 met bi-weekly in a production-led Injury Reduction Working Group (IRWG). We had excellent employee and management involvement, and as a command the IRWG and OSH Office adopted Code 200's successful Near Miss Program. The IRWG helped to revise the TRF OSH Manual Volume I, Chapter 2: Mishap Investigation, Reporting and Record Keeping. This aided the command in meeting our

goal to simplify and increase near miss reporting. Within this chapter it explains how easy it is for any of us to report a near miss.

The CY22 Safety Walk informally kicked off our Near Miss Campaign, and the numbers have increased steadily. We want to keep this forward momentum by formally kicking off our 2023 Near Miss Campaign and putting extra focus on specific programs each month. January is focused on identifying and reporting walking/ working surface hazards and taking immediate action to correct the issues. If you have a walking/ working surface concern, contact the OSH Office to investigate. If you have ideas to increase awareness of these types of hazards, speak with your supervisor and contact the OSH Office to see how you can make a difference in the safety of your crew.

How to Report a Near Miss

First thing first – notify your supervisor! The employee, immediate supervisor, work lead, or shop or code designee must complete an occupational safety and health questionnaire or near miss form (OSH questionnaire) as soon as possible following the near miss event. OSH questionnaires are to be completed electronically using the provided form on the TRFB Code 08 SharePoint portal. OSH questionnaires must contain a detailed description of the circumstances surrounding the event to provide investigating personnel appropriate background to begin causal analysis.

1. On the Code 08 SharePoint portal, click the "Report a Hazard or Near Miss" button, under "Things to Report".
2. In order to successfully submit form, the questionnaire must be saved to the desktop, filled out, and then submitted. Also, remember to select "Enable all Features" (in the right hand corner) before filling it out.
3. Remember to put the date you first informed the Code 08 OSH Office in the bottom right corner.
4. After the form is completely filled out, select the SUBMIT button.
5. An email will open, addressed to "TRF Bangor C08 OSH Office". Next, hit the SEND button to send the email.



U.S. NAVY ON ICE

Photos courtesy of MMN1 Jake Feldman

Team Navy Region Northwest beat team Army Region Northwest, 10-9 in overtime, in their sixth annual game last fall at the Kraken Community Iceplex, the training facility for the Seattle Kraken National Hockey League (NHL) team, in Seattle. This game marked the first one back since 2019 with the 2020 and 2021 games being cancelled due to COVID.





STREET SMARTS: STAY STREETS AHEAD

Article by:
MCCTy Connors, TRFB Public Affairs
Photos by:
Courtesy photo and photo illustration.

Perhaps you are like me, and seldom give much thought to the name of streets on this, or any, base.

The first time I thought about it, I had just arrived in Japan as a petty officer second class, so excited and a little overwhelmed, to be walking the streets of Naval Base Sasebo, on my way out to explore the exotic and fascinating host nation. I was hyper-focused on the street names on base so that I could find my way back to the Transient Personal Unit barracks from the gate.

I walked down California Drive, turned on to Ohio Boulevard and past South Carolina Avenue toward the US Fleet Activities Sasebo main gate, the portal into this unknown land. Leaving behind the familiar, I eagerly turned toward the foreign.

I remember thinking, “It was nice of the base designers to name their streets after states, giving the Sailors stationed so far abroad a reminder of home.” I imagined that the Navy had conducted a survey and named them after the states from which the most Sailors had enlisted or something similar.

I was wrong.

I later realized that there was a lot more to it than that. The streets were named after ships, which were named after the states. USS California (BB 44) was one of the ships damaged at Pearl Harbor (and repaired at PSNS) and returned to the fight in 1944, and then USS California (CGN 36) was the lead-ship of the innovative Nuclear-powered Guided Missile Cruisers (USS South Carolina (CGN 37) was the second) which explored the potential of an all-nuclear strike group. USS Ohio (SSGN 726) was the first of her class of ballistic missile Nuclear submarines (SSBN) and later converted

to a guided missile nuclear submarine (SSGN).

Each base and command varies, but broadly speaking, U.S. Navy base streets are named after ships, battles, presidents, politicians with a Navy connection, and even the Navy core values.

My first duty station was on Naval Support Activity Mid-South in Millington, Tennessee. I worked on Integrity Drive, which connected Honor Drive and Courage Avenue. I drove every day on Essex and Intrepid Streets, and Kearsarge and Kittyhawk Avenues. As a historian (in my spare time), I recognized that these were the names of U.S. aircraft carriers. I must admit when I ran down streets named Eniwetok Street and Funafuti Street I was at the time ignorant of the service and sacrifice in battle their names honored.

So when I reported to the Pacific Northwest, I was not surprised By Farragut Street and Decatur Avenue. I immediately recognized the significance of Ohio Street, and I had no problem imagining why we had a Roosevelt Street.

However, as a surface Sailor living on Grayback Circle, I didn’t understand the significance of that name. I

was a little confused by Trigger Avenue, (I imagined it was a reference to part of a gun,) and I thought I knew why a navy base would have a Trident Boulevard. I wondered why there was a Harder street and even looked for an Easier Street on base (I never found it). Why name a navy street after a “barbell,” especially when it doesn’t even take you to the gym?

Here on Bangor, most of the streets are named in honor of submarines and people related to the submarine community. The many fish species names



A digital re-creation of a photo of Gato-class boat USS Trigger (SS 237). Original photo from circa 1945.

come from the WW2 era policy of naming most of the subs after fish species like albacore, bonefish, dace, darter, skate and sturgeon. I think it is our responsibility to learn these stories to know and honor their service and sacrifice.

I lived for four years on Grayback Circle and, curious, I researched the boats named after the small herring from the Great Lakes. The first Grayback (SS 208) was launched 11 months before Pearl Harbor and went on to rank 20th among all WW2 submarines in total tonnage with 63,835 tons and 24th in number of ships sunk with 14, before she was lost in March of 1944. The wreckage of the first Grayback was discovered on June 5, 2019 off Okinawa.

Trigger Avenue is not named after part of a gun, it was in fact named in honor of service and crews of USS Trigger, a Gato-class boat (SS 237) and a Tang-class boat (SS 564). The Triggers were named after about 40 species of “Triggerfish” which feature spines they can “trigger” to hold themselves in small crevices. SS 237 was launched in October of 1941 and went on to operate for 12 War patrols in World War II, receiving 11 battle stars and three Presidential Unit Citations, before she was sunk in the East China Sea in March, 1944. Among the ship’s accomplishments, which includes being credited with sinking 18 ships totaling 86,552 tons (tied for third most by tonnage) was the torpedoing of the

carrier Hiyo which took this Japanese capital ship out service for about a year.

On my first drive down Trident Boulevard, I admit the image in my mind was a piece of Poseidon’s swagger stick, not the U.S. Navy’s Trident I C4 submarine-launched fleet ballistic missile, the longest continuously operated fleet ballistic missile and the father of our modern Trident II, the centerpiece of the nation’s seaborne nuclear deterrence.

After five years of searching, (and getting the list of street names from Public Works,) I can tell you there is not an Easier Street on NBK or Naval Magazine Indian Island. Harder Street is actually named after USS Harder (SS 257) a Gato-class boat and (SS 568) a Tang-class boat. SS 257 served with distinction on 6 war patrols, earning the nickname “Hit ‘em Harder,” before she was lost off the Philippines on 24 August, 1944.

While Barbel street does take you to close to the Bangor Fitness Complex, it is not actually named after a Barbell, but USS Barbel (SS 316) a Balao-class boat, which began service in 1944 and was lost off the Philippines after 3 war patrols and (SS 580) the lead ship of a new class of submarines launched in 1958. SS 580 served honorably for over 30 years and earned 4 battle stars during the Vietnam Conflict and in 1981 rescued 87 Vietnamese refugees (30 were children) off the Philippines.

It is important that we know and honor the service of “those who have gone before us,” and I hope to continue to share with you the stories and sacrifices many of our street names honor.

For more information about the service of Navy ships and submarines or to submit nominations for naming streets on U.S. Navy bases please consult OPNAVINST 5030.12F or go to www.history.navy.mil.

BRAVO ZULU!

U.S. Navy Photos by MC2 Adora Okafor

PROMOTIONS:

Michael Antonio
Diona Arena
Adam Beaver
Jeanette Bedrosian
April Brown
Kristopher Chaparro
Shaylo Fosmo
Holly Ann Fulk
Daniel Fuller
Tylor Glessner
Wade Gore
Michael Guerra
Samuel Henden
Kyle Jarvis
Pedro Joaquin
Allen Lockett
Peter Lujan
Jeremiah Milliron
Dakota Pool
Veronica Rushing
Nick Shaw
Karina Taisipic
Joseph Ward
Andrew Weaver
Jonathan Willcox



TRFB Mechanical Department's Division Officer Lt. Ryan Clark, right, presents Navy Achievement Medal (NAM) to TRFB team member, Machinist's Mate 2nd Class Edgar Nieves, left, for his outstanding volunteer efforts during TRFB's Family and Friends Day event.



TRFB Mechanical Department's Division Officer Lt. Ryan Clark, right, presents Navy Achievement Medal (NAM) to TRFB team member, Gas Turbine Systems Mechanic 2nd Class Jessica Caruso, left, for her outstanding volunteer efforts during TRFB's Family and Friends Day event.



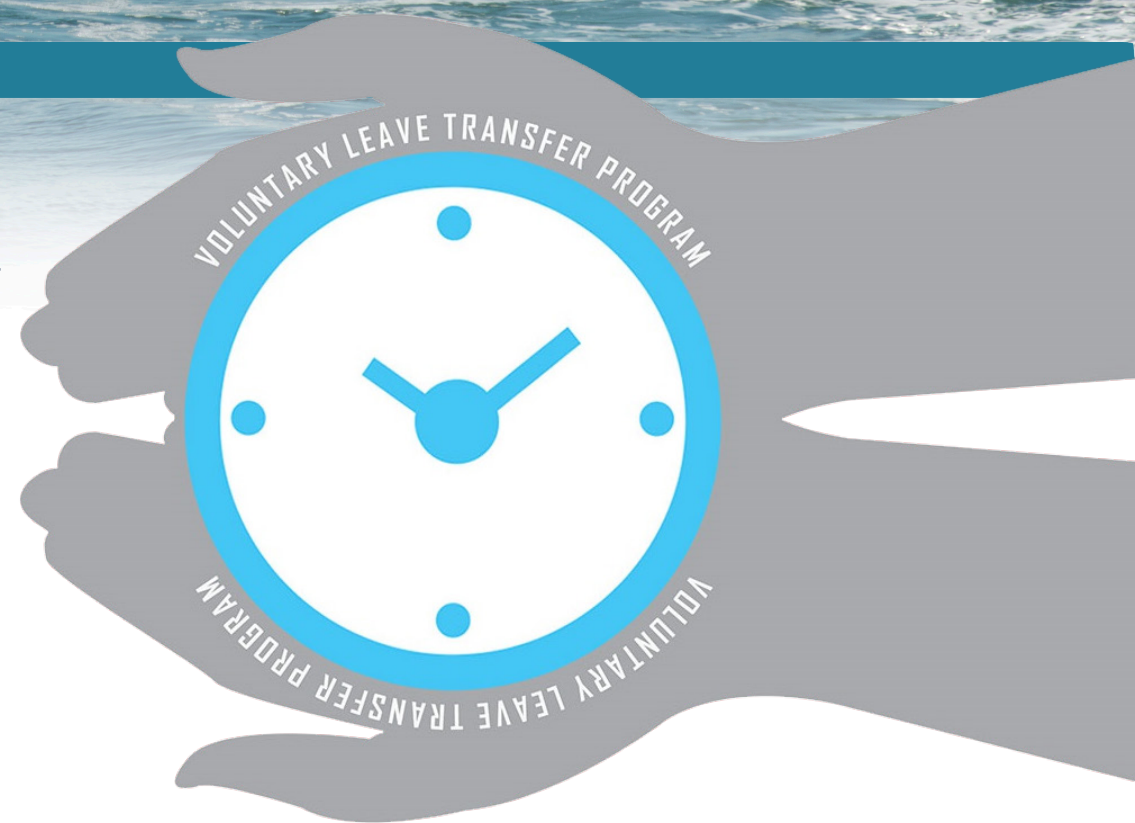
TRFB Mechanical Department's Division Officer Lt. Ryan Clark, right, presents Navy Achievement Medal (NAM) to TRFB team member, Machinist's Mate 2nd Class Roberto Ramon, left, for his outstanding volunteer efforts during TRFB's Family and Friends Day event.

Voluntary Leave Transfer Program

The VLTP permits employees to donate annual leave to other employees experiencing medical emergencies. Below is a list of employees who are seeking donations.

If you wish to transfer annual leave or have questions, please contact: Human Resources (360) 966- 1536 or visit Bldg. 7000, 2nd floor, room W202.

- Robert Robinson
- James G. Wright
- Patrick Bobb
- Michael Dunne



Martin Luther King Jr. Day

Martin Luther King Jr. Day is a federal holiday in the United States marking the birthday of Martin Luther King Jr. It is observed on the third Monday of January each year. Born in 1929, King's actual birthday is January 15 (which in 1929 fell on a Tuesday). The holiday is similar to holidays set under the Uniform Monday Holiday Act. The earliest Monday for this holiday is January 15 and the latest is January 21.

National Blood Donor Month

January marks the 52nd anniversary of National Blood Donor Month – a time to recognize the importance of giving blood and platelets while celebrating the lifesaving impact of those who roll up a sleeve to help patients in need. It is also a time to encourage new and lapsed donors to resolve to give blood during one of the most difficult times to maintain a sufficient blood supply – the winter months.

Winter Safety Month

Winter storms and cold temperatures can be dangerous. Stay safe and healthy by planning ahead. Prepare your home and vehicles. Prepare for power outages and outdoor activity. Check on older adults. Although winter comes as no surprise, many of us may not be ready for its arrival. If you are prepared for the hazards of winter, you are more likely to stay safe and healthy when temperatures start to fall.

Looking for portrait or photo support, public affairs guidance, graphic or flyer design, or other command-related media requests? Stop by the Public Affairs office to make a request or appointment today!

Studio portrait walk-ins are held on Wednesdays from 0800-0900. Studio times may be adjusted to suit your schedule. Remember to bring the prescribed uniform, cover, and package instruction for the specific type of studio portrait requested.

Financial Services Program

A man and a woman are sitting at a table, looking down at a calculator and some papers. The man is on the right, wearing a light blue button-down shirt over a white t-shirt. The woman is on the left, with long, curly brown hair, wearing a light-colored top. They appear to be in a professional or advisory setting, possibly a financial consultation. The background is a soft-focus green, suggesting an outdoor or brightly lit indoor space.

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