SILVERDALE, Wash. (Oct. 13, 2020) – (Left to right) Trident Refit Facility Bangor (TRFB) Executive Officer, Capt. Ken Holland, Commanding Officer, Capt. Robert Figgs, Command Master Chief, Timothy Glazner, and Executive Director, Ed Ingles participate in a cake cutting ceremony to celebrate the U.S. Navy’s 245th birthday. (U.S. Navy photo by Yeoman (Submarine) 1st Class Kevin Elizaire/Released)
Team TRF Bangor,
Happy Veteran’s Day to the 746 prior military (nearly 50% of our workforce) who bring their fleet experience to Team TRF Bangor. I appreciate your continued service to the nation in your current role.

In honor of Military Family Month, which was first recognized in 1996, thank you to all the parents, spouses, children and extended family members who hold down the home front during long days, night watches and underway time. Military families make a tremendous sacrifice in support of their service member. Those of us in uniform are stronger and better at our job because of your contributions and commitment. Thank you.

Congratulations to Command Master Chief Petty Officer T. R. Glazner, who was presented with the Naval Submarine League’s 2020 Fleet Master Chief Frank A. Lister award, Sept. 16 for Exceptional Leadership and Motivation while serving as Chief of the Boat (COB) for the blue crew of USS Nevada (SSBN 733). The Naval Submarine League, will officially recognize CMC during their Virtual Annual Symposium, Nov. 16-18. (See page 4)

Our collective and individual success continues with the recent promotion of Cmdr. Michael Palmer, TRFB Production Management Assistant (PMA). Congratulations on your success; keep up the good work. (See page 3)

In addition, congratulations to the 19 TRFB employees scheduled to graduate from the Apprentice Program on Nov. 6. This is a major accomplishment! Bravo Zulu! In addition, 12 new First Year Apprentices are scheduled to start the program this fall. (See page 4)

Lastly, I want to wish everyone at TRFB a Happy Thanksgiving. I’m thankful for each of you and want you to remain healthy, so please continue to prevent the spread of the coronavirus by self-screening, social distancing, wearing masks, practicing good hand hygiene and staying home when you feel ill.

Warm regards,
Capt. Robert D. Figgs
Commanding Officer
TRF Bangor

TRFB disciplinary report

In an effort to inform the TRFB team of the local discipline actions, we are publishing a roll-up of these actions. To protect the identity of those involved, no specific details are provided. This report is produced by the Northwest Human Resources Office.

Over the last 30 days the command had two non-disciplinary actions.

Over the last 30 days the command had 11 disciplinary actions resulting in three letters of reprimand, three suspensions, two removals, and three terminations. The following is a general description of the misconduct resulting in disciplinary action:

- Two letters of reprimand (non-supervisor) for failure to follow instructions. Employee failed to return to their assigned duties as directed by their supervisor.
- One letter of reprimand (non-supervisor) for unacceptable conduct. Employee swore at a co-worker when a request was made.
- Three indefinite suspensions (non-supervisor) for loss of access to classified information.
- Two removals (non-supervisory) for unacceptable conduct.
- One termination during probationary period for unacceptable attendance.
- Two terminations during probationary period for failure to follow instructions.

Congratulations
MMC(SEL) Noel Gonzaga,
38B

Refit Review

Commanding Officer ............................... Capt. Robert D. Figgs
Executive Director .................. Mr. Ed Ingles
Executive Officer ................. Capt. Kenneth Holland
Command Master Chief .................. CMDCM T.R. Glazner
Public Affairs Officer ................ Sonja Hanson

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This newsletter is published for members of the Trident Refit Facility, Bangor (TRFB) workforce. Views and opinions expressed in the Refit Review are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, the Department of the Navy, or TRFB. The Refit Review is produced in accordance with SECNAVINST 5720.44C -- Department of the Navy Public Affairs Policy and Instructions. Editorial content is gathered, prepared, edited and provided by the TRFB Public Affairs Office. All photos are property of the U.S. Navy, unless otherwise credited.
SILVERDALE, Wash. (Oct. 1, 2020) – Trident Refit Facility Bangor (TRFB) Commanding Officer, Capt. Robert Figgs and Cmdr. Michael Palmer, TRFB Production Management Assistant (PMA), recite the Oath of Office during a promotion ceremony at TRFB on Oct. 1. The PMA is responsible for the coordination, integration and completion of all production work on Ballistic Missile Submarines (SSBNs) in refit at TRFB. In addition, the PMA manages the repair, overhaul, and alteration of Trident Planned Equipment Replacement (TRIPER) items for which TRFB has been designated as the overhaul activity. (U.S. Navy photo by Yeoman (Submarine) 1st Class Kevin Elizaire/Released)

**NOTICE**

Winter is coming to the PNW, it may be time to replace your old boots

**CIVILIANS** - The new Shoe Chit is on the TRFB OSH Homepage under “FORMS”. Civilians are eligible for $150 reimbursement twice per year, or one $300 reimbursement for safety footwear yearly!

Get Shoe Chit signed by Safety and deliver to OSH Office; DO NOT TAKE NEW SHOE CHIT TO MOBILE BOOT TRUCK, IT WILL NOT BE ACCEPTED!

**MILITARY** – Continue to utilize current Military Boot Chit and process.

The mobile boot truck will be at TRFB on the first & third Wednesday of each month until further notice for Military only. Look for further guidance through your chain of command.

Questions? Contact the Code 08 OSH PPE Program Manager

Clarence Rushing @ (360) 471-7610
By Mass Communication Specialist 1st Class Andrea Perez
Commander, Submarine Group Nine Public Affairs

SILVERDALE, Wash. (Oct. 16, 2020) – Command Master Chief Petty Officer T.R. Glazner, from Lexington, North Carolina, assigned to Trident Refit Facility, Bangor, stands alongside his wife, Arwen, and children, Wyatt and Addisyn, after accepting the Naval Submarine League’s 2020 Fleet Master Chief Frank A. Lister award, Sept. 16. (U.S. Navy Photo by Mass Communication Specialist 1st Class Andrea Perez/Released)

THE FLEET MASTER CHIEF FRANK A. LISTER AWARD FOR EXCEPTIONAL LEADERSHIP AND MOTIVATION while serving as a Chief of the Boat (COB) is presented annually to a submarine senior or master chief petty officer who best displays the core attributes for which the award is named.

Glazner served as COB for the blue crew of the Ohio-class ballistic-missile submarine USS Nevada (SSBN 733) prior to his current position at Trident Refit Facility, Bangor.

“My COB tour… it was the hardest and most rewarding thing I ever did in my life,” said Glazner. “The master chiefs that are standing out there and have done it before, they would 100 percent agree with me. Thank you very much [to the Naval Submarine League], I am very humbled and honored to receive this award.”

The award was established in 2000 and named for the first person selected and assigned to a COB position by the Bureau of Naval Personnel – Fleet Master Chief Petty Officer Frank A. Lister – who at his time of assignment served aboard the fast-attack submarine USS Los Angeles (SSN 688).

Commander, Submarine Squadron 17 Senior Deputy Capt. Ryan Heilman presented the award to Glazner on behalf of the Naval Submarine League, who will recognize Glazner during their Virtual Annual Symposium, Nov. 16-18.

Heilman spoke of Glazner’s accomplishments when they served together aboard Nevada. Heilman was the commanding officer when Glazner joined the crew.

“This is a significant honor.” said Heilman. “During my time in command [on Nevada] we were going through an especially interesting time. He came onboard and immediately got the chief’s quarters, the wardroom and the boat all working together, despite a fair number of challenges.”

Congratulations TRFB Apprentice Program Graduates

Ethan A. Beck  Sean W. McMichael
James M. Booth III  Ryan M. Oliver
Analiza M. Bright  Clayton P. Pettay
Justin M. Clark  Samuel Reitz
Martin J. Galvin, Jr.  Erik M. Simmons
William R. Holland V  Elizabeth M. Vanderwiel
Joel Johnson  Matthew O. Ventura
Kathryn A. Lawman  Daniel A. Waldron
Dylan T. Madrigal  Brent Evans Wightman
Steven Worley

SILVERDALE, Wash. (Oct. 21, 2020) – Capt. Robert Figgs, commanding officer, Trident Refit Facility Bangor (TRFB), coins David Valiente, command electrical engineer, Mechanical/Electrical Engineering Branch, TRFB, for his efforts that resulted in a satisfactory operational test of the Ship Service Motor Generator (SSMG). (U.S. Navy photo by Chief Mass Communication Specialist Rebecca Ives/Released)
Hull Technician Technician 1st Class Derek A. Rody, Quality Assurance Department, was selected as Trident Refit Facility Bangor’s Sailor of the Quarter, Fourth Quarter 2020. He supported more than 410 welders from three commands within the Navy Region Northwest while ensuring the success of the maintenance and repair program for nine submarines and two carriers. Rody was the driving force in the completion of 1,317 man-hours through training, welding inspections, and operations. He performed 24 surveillances and 56 certification tests, which supported pivotal qualifications necessary for shops experiencing reduced manning during the COVID-19 pandemic. His leadership in the First Class Petty Officer Association and the Regional First Class Symposium Committee promoted peer and junior Sailor growth while encouraging camaraderie by hosting command and local community events. Bravo Zulu, Shipmate! (U.S. Navy photo by Yeoman (Submarine) 1st Class Kevin Elizaire/Released)

SILVERDALE, Wash. (Oct. 21, 2020) – Capt. Robert Figgs, commanding officer, Trident Refit Facility Bangor (TRFB), coins Matt Gilbert, lead structural planner, Structural Planning Division, TRFB, for his efforts as coordinator and leader of all structural repair package preparation during an extended refit period (ERP). (U.S. Navy photo by Chief Mass Communication Specialist Rebecca Ives/Released)

Machinist Mate (Surface) 2nd Class David GomezDuarte, Repair Department, was selected as Trident Refit Facility Bangor’s Junior Sailor of the Quarter, Fourth Quarter 2020. As the 38B Career Counselor, he performed reenlistments for three Sailors and improved Career Development Board percentages for the shop from 65% to 95% in a span of two months. As the Training Petty Officer, he managed a training curriculum for all required training for 24 Sailors improving shop knowledge and exam test scores by 40%. As a Work Lead, he led 14 military and civilian personnel in critical path repairs of submarine safe recoverability systems, high pressure air compressors overhauls, CO-H2 Burner replacements, and recovering and repairing numerous SSBN refrigeration systems, resulting in Pacific Fleet SSBN submarines in prime material condition. Bravo Zulu, Shipmate! (U.S. Navy photo by Yeoman (Submarine) 1st Class Kevin Elizaire/Released)

SILVERDALE, Wash. (Oct. 21, 2020) – Capt. Robert Figgs, commanding officer, Trident Refit Facility Bangor (TRFB), coins Brody Denis, training supervisor, Lifting and Handling department, TRFB, for going above and beyond his duties and responsibilities as training supervisor. (U.S. Navy photo by Chief Mass Communication Specialist Rebecca Ives/Released)
Fleet Maintenance Leadership Development Program Applications, Due by Nov. 6

TRFB 2021 Fleet Maintenance Leadership Development Program is seeking individuals that want to learn how TRFB works across each department and build relationships that improve your everyday work functions.

This is a 15-week program. Participants will work for senior managers on assignments designed to increase their knowledge and understanding of TRFB Maintenance and improve leadership skills. Participants will spend time at TRF Kings Bay and on other off-station assignments.

Application deadline is Nov. 6, 2020. For more information, please see the Fleet Maintenance Leadership Development Instruction TRIREFFACINST 12400.1 or contact Mike Carpentier (Steering Committee Chair) @ 315-1301 or Mike Dean (Program Administrator) @ 315-1624.

Federal benefits open season, Nov. 9-Dec. 14:


During this period, you have the opportunity to enroll, change plans or plan options, change enrollment type, or cancel enrollment for the Federal Employees Health Benefits (FEHB) Program and the Federal Employees Dental and Vision Insurance Program (FEDVIP). You also have the opportunity to re-enroll or newly enroll in the Federal Flexible Spending Account (FSAFEDS) Program. Please note that the 2020 Open Season information (i.e. premiums, plan brochures) will be posted on the OPM website at www.opm.gov/openseason by early November.

For more information, please contact the TRFB Human Resources Office at BREM_C1115_TRF@navy.mil

A virtual event with representatives from participating health care carriers regarding health insurance plans, claims submission, accessing information, and more is available now – Saturday, Dec. 12.

PIDAS Enrollment, Nov. 30

All personnel that are already enrolled in PIDAS should use the turnstiles to access the pier. Face-to-badge should only be used if not yet enrolled or have an issue with the turnstile. Enrollment and any issues must be corrected at the Naval Base Kitsap Main Gate SWFPAC PID bldg. 1040 just outside the Trident Gate Mon. - Fri. 7:00 a.m. to 2:30 p.m.

Turnstile usage will be mandatory beginning Nov. 30.

Flu Shots for Feds

As we continue to fight COVID-19, an annual flu vaccine is more important than ever. Everyone is encouraged to get the annual flu vaccine and other recommended vaccinations. Civilian government employees covered under Federal Employee Health Benefits (FEHB) health plans can get flu shots at no cost in town. The following website provides information on vaccine locations: https://www.vaccinefinder.org/

For Active Duty, Naval Hospital Bremerton will commence providing annual influenza vaccinations sometime after Halloween. Military is encouraged to get the flu shot at pharmacies in the community at TRICARE accepted retailers, which you can find at https://tricare.mil/.

Hall of History

Old plaques, posters and other historical artifacts laying around your office spaces? Don’t throw them away! Instead, please contact kenneth.d.alexander1@navy.mil, to help preserve TRFB history.

Combined Federal Campaign

It’s time for our annual season of giving through the Combined Federal Campaign and you are invited to show some love to your favorite charity or nonprofit organization. When giving through the CFC, you decide your method of giving, whether payroll deduction, credit card, e-check, or with your time through volunteering opportunities, and starting today through Jan. 15, 2021 you can access the CFC donation portal at https://cfcgiving.opm.gov/welcome and make the change you want to see in the world.

For any questions or concerns please feel free to message your local Combined Federal Campaign Coordinator at sean.l.riebel@navy.mil.

Thank you in advance for your time and donations.

CMC award continued from page 4

of personality differences... he smoothed out relationships on and off the boat. I can’t think of anyone who would be more deserving of this award.”

Command Master Chief Steven Rauch, Submarine Squadron 17 command master chief, also congratulated Glazner on his selection for the leadership award.

“As the squadron master chief with 14 COBs, when you’re looking for an individual to put in for an award such as this, it can be a rather daunting task,” said Rauch. “Having an individual in your COB cadre like T.R. Glazner actually made it easy this year.”
By MCC Rebecca Ives
TRFB Public Affairs

Silverdale, Wash. (Sept. 21, 2020) – Trident Refit Facility Bangor (TRFB) recently welcomed a new Regional Navy Afloat Maintenance Training Strategy (NAMTS) coordinator (RNC), Jesse Chapman. As RNC, Chapman will oversee coordinating, tracking and qualifying all Sailors enrolled in the NAMTS program at TRFB and aboard the aircraft carriers located at Naval Base Kitsap - Bremerton, which includes all active duty non-nuclear maintenance rates and participating Reserve Sailors. TRFB currently has 89 active duty Sailors and 43 Reserve Sailors enrolled in the program.

“My vision for the NAMTS program in the Northwest Region is to continue the excellent program and to help the Navy and the Submarine community see the positive impact this program can have on maintenance while away from home port,” said Chapman. “We are the only region currently to work with submarine specific qualifications and I would love to see that expand.”

Chapman retired from the Navy in 2020 as a Senior Chief in charge of the Operations Department onboard the USS Nimitz (CVN 68). While he was never enrolled in the NAMTS program himself, he has extensive background in maintenance and material management (3M) and Navy instructing.

“I was drawn to the NAMTS program because of the ability to still be able to positively influence both the United States Navy and its Sailors,” said Chapman. “It’s such a good program to help Sailors enhance their careers.”

Chapman, a native of Poulsbo, Washington, enlisted in the Navy in January of 2000, and graduated basic training at Recruit Training Command Great Lakes, Illinois. He completed Sonar Technician “A” and “C” schools in San Diego, California.

His initial sea duty was aboard the USS Decatur (DDG 73) from 2001-2006 where he worked as work center supervisor and then Lead Petty Officer (LPO) for the Combat Acoustics Division. His second command was Fleet Anti-Submarine Warfare Training Center (FLEASWTRACEN) from 2006-2009 as an instructor and facilitator for the Single-Ship Anti-Submarine Warfare course (SSASW). From 2009-2012, Chapman worked aboard the USS Lake Erie (CG 70) as the LPO of the Combat Acoustics Division and later the command’s 3M coordinator.

Chapman continued his 3M coordinator career on the USS John C. Stennis (CVN 74) from 2012 to 2015 where he picked up Senior Chief. From there, he transferred to Naval Oceanographic Processing Facility (NOPF), Whidbey Island, where he was the Lead Chief Petty Officer (LCPO) of Standards and Evaluations and Department LCPO of operations, until 2018 when he boarded the Nimitz.

Trident Refit Facility Bangor (TRFB) was established in the Pacific Northwest on July 31, 1981, as the primary maintenance facility for the West Coast Ballistic Missile Submarines (SSBN) fleet. TRFB’s principle mission is to support the nation’s strategic deterrence mission by repairing, incrementally overhauling, and modernizing the Ohio-class and the future Columbia-class until the end of service life. The TRFB team is comprised of approximately 500 military and 1,500 civilians.

SILVERDALE, Wash. (Sept. 25, 2020) – Electronics Mechanic, Jill Wokowsky and Electronics Apprentice, Kirsten Steffens, in the Weapons Repair Department at Trident Refit Facility Bangor (TRFB), act as safety watches while a periscope is raised into a test tower at TRFB on Sept. 25. Periscopes are placed into a shipboard simulator to verify optical and mechanical readiness before installation onto Ballistic Missile Submarines (SSBNs). (U.S. Navy photo by Sonja L. Hanson/Released)
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Contact - WRC Emblematics
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TRF.Bangor.WRC.fct@navy.mil