Women of TRFB 2021

Electroplater
Kendall Reed

U.S. Navy photo by Chief Mass Communication Specialist Rebecca Ives

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This month marks one year since the start of COVID-19 at TRFB. It is important to reflect on how much has been done to keep the work force safe while still completing the mission during this challenging time.

However, Spring is right around the corner and as March 20 approaches, I’m feeling hopeful for brighter days. I hope you are too! There is much to look forward to - the birds chirping, flowers blooming, and the sun shining longer. As we begin to transition back to normal operations at work and we recover from the coronavirus pandemic, I thought it a fitting time to reset, recommit and review the Navy ethos - honor, courage and commitment. These ethos apply to all members of the TRFB team, both military and civilians.

**HONOR**
I am accountable for my professional and personal behavior. I will be mindful of the privilege I have to serve my fellow Americans. I will:

- Abide by an uncompromising code of integrity, taking full responsibility for my actions and keeping my word.
- Conduct myself in the highest ethical manner in relationships with seniors, peers and subordinates.
- Be honest and truthful in my dealings within and outside the Department of the Navy.
- Make honest recommendations to my seniors and peers and seek honest recommendations from junior personnel.
- Encourage new ideas and deliver bad news forthrightly.
- Fulfill my legal and ethical responsibilities in my public and personal life.

**COURAGE**
Courage is the value that gives me the moral and mental strength to do what is right, with confidence and resolution, even in the face of temptation or adversity. I will:

- Have the courage to meet the demands of my profession.
- Make decisions and act in the best interest of the Department of the Navy and the nation, without regard to personal consequences.
- Overcome all challenges while adhering to the highest standards of personal conduct and decency.
- Be loyal to my nation by ensuring the resources entrusted to me are used in an honest, careful and efficient way.

**COMMITMENT**
The day-to-day duty of every man and woman in the Department of the Navy is to join together as a team to improve the quality of our work, our people and ourselves. I will:

- Foster respect up and down the chain of command.
- Care for the personal and spiritual well-being of my people.
- Show respect toward all people without regard to race, religion or gender.
- Always strive for positive change and personal improvement.
- Exhibit the highest degree of moral character, professional excellence, quality, and competence in all that I do.

I personally feel honored to work at TRFB with each of you. I see your courage and commitment, each and every day you do the right thing - especially of late, where COVID-19 is concerned. The pandemic has demanded endurance to stay disciplined in the mundane when there aren’t a lot of entertainment or recreational options available due to physical distancing, but it’s so important to find healthy ways to cope and to stay hopeful.

Thank you for being honorable and for your courage and commitment to persevere through this global pandemic.

Warm regards,
Capt. Robert D. Figgs
Commanding Officer
TRF Bangor

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TRFB’s Commanding Officer, Capt. Robert Figgs reads the Oath of Office during a virtual promotion ceremony for Chief Warrant Officer 3 Brian Curran, TRFB’s Administrative Officer, Feb. 1.

TRFB’s Commanding Officer, Capt. Robert Figgs presents Shipwright Shop Material Expeditor Patricia Redfearn her Employee of the Quarter plaque during a virtual awards ceremony Monday, Feb. 1. Redfearn was recognized for her organizational abilities, integrity, communication skills and conscientiousness, which earned her the respect of her supervisors, upper management, and fellow employees at the command.

TRFB Commanding Officer Capt. Robert Figgs presents Mr. Stephen Skaw (top), Weapons Repair Department head, and Mr. Sean Glavin (bottom), rubber and plastics fabricator, with a pin and certificate for 40 years of federal service with TRFB during a virtual ceremony Feb. 1.

TRFB Commanding Officer Capt. Robert Figgs presents Mr. Stephen Skaw (top), Weapons Repair Department head, and Mr. Sean Glavin (bottom), rubber and plastics fabricator, with a pin and certificate for 40 years of federal service with TRFB during a virtual ceremony Feb. 1.

Hull Maintenance Technician 1st Class Matthew Son (L) and Hull Maintenance Technician 2nd Class Jeanpaul Sanchez (R), Navy Reservists from Surge Maintenance (SurgeMain) assigned to Trident Refit Facility Bangor’s (TRFB) Pipefitting (Shop 56), were promoted to the next paygrade during a frocking ceremony at the Silverdale Waterfront Park, Silverdale, Washington, Feb. 1.

Ship Superintendents Fire Control Technician 1st Class Colton J. Womack and Mr. John Walker were recognized for their production efforts managing USS Alabama’s (SSBN 731) refit, which culminated with the completion of 40 jobs, 5,500 man-days of maintenance and returned the submarine to the fleet on-time in support of the nation’s strategic deterrence mission, during a Commanding Officer’s All Hands Call, Jan. 29. (U.S. Navy photo by Yeoman (Submarines) 1st Class Kevin Elizaire)
Electronics Technician
Jessica Dodge

“I’m asked all the time if it’s weird working in a male-dominated field. It’s not. TRFB is really good about equal opportunity and making sure that we are comfortable in our work place. I feel like the management here is really willing to help me with my career path.”
This is a great career field. It’s motivational to see women turning wrenches alongside the best of them.

— Tashanna McCook

Data Management Specialist
Candace Soufi

Machinist Mate 3rd Class
Tashanna McCook

Engraver
Marjorie Lea

March Refit Review

April Refit Review

Electricians Mate 2nd Class
Rauneisha MayesReid

March Refit Review

April Refit Review
Tax Preparation Discounts and Assistance

After the turbulence of the past year, most Americans are hoping for a better and less-stressful 2021. One of the main sources of stress is worrying about financial stability. Tax season can be an enormous stressor for many people, and stress in general causes people to fall back on unhealthy coping mechanisms (eating junk food, smoking, drinking, being inactive, etc.) which don’t solve the problem and in fact, tend to cause more stress.

Most importantly is a good portion of tax-related stress can be alleviated with a little bit of planning and support. To avoid last-minute stress in April, it’s a good idea to begin organizing and reviewing your financial statements. If you use tax preparation assistance, please check out the DONCEAP website (www.MagellanAscend.com) or call 1-844-366-2327 (1-844-DONCEAP) for information on tax preparation discounts/assistance. Employees must be registered users on www.magellanascend.com to get to the LifeMart Discount Center from the WorkLife tile.

Volunteers needed for Women’s Program Special Emphasis Program Coordinator (SEPC)

TRFB is looking for a Special Emphasis Program Coordinator (SEPC) for the Federal Women’s Program. Change cannot happen on its own. TRFB is seeking motivated individuals who are interested in becoming an SEPC for the Federal Women’s Program. The SEPC is a collateral duty function with a two-year commitment and provides an opportunity to work on issues related to the appointed program. For an application or if you have any questions please, contact Bruce Girkin (360) 315-1190 Bruce.Girkin@navy.mil or Tamara Wood at tamara.wood@navy.mil.

TRFB Ethics Note

The madness of March is upon us! Yes, the annual NCAA basketball tournaments are coming up. The office pool is a staple of workplaces everywhere—even at the home office. Just remember gambling is prohibited on government property or while on official duty. Gambling takes place when someone bets something of value in a game of chance and offers a reward prize. You may still participate in a friendly, non-betting, office pool with your co-workers as long as there is no cost to enter.
In Memory
Levi Bussard

The TRFB family mourns the loss of Sheet Metal Worker Levi Bussard from Shop 17A, who passed away on Jan. 28, 2021.

Levi grew up in Dove Creek, Colorado, he earned an associate degree in welding and has worked at TRFB since September 2015.

Levi is remembered for many things, but with his Supervisors and peers around the waterfront, he holds a lasting impression for his consistently positive and uplifting attitude, a calm yet jovial personality that could always make people laugh. Levi was becoming very skilled in his trade, and well on his way to becoming a journeyman level mechanic in the sheet metal shop. His teammates will remember him for his ambitious efforts in progressing in his trade and as a valued team member in supporting the mission at TRFB. We will miss him and think of him often.

Levi is survived by his wife, Leah Bussard; his children Henry (6 years) and Jack (5 years); his father, John Bussard; his brother Logan Bussard; and his sister Misty Bussard.

TRFB Awarded NAVSEA Retention Excellence Award

By Chief Mass Communication Specialist Rebecca Ives
Trident Refit Facility Bangor Public Affairs

SILVERDALE, Wash. (Feb. 22, 2021) – Trident Refit Facility Bangor (TRFB) received the Naval Retention Excellence Award, also known as the Golden Anchor, from Naval Sea Systems Command (NAVSEA) for fiscal year 2020 after receiving a 100% on its annual Command Career Information Program review.

The award is given to commands with superior accomplishment in executing programs that best enable Sailors to succeed in the Navy and for directly supporting the concept of Brilliant on the Basics, a charge from the U.S. Navy to reinvigorate efforts to foster an environment where Sailors and their families want to stay in the Navy.

TRFB’s Command Career Management Program is led by the Military Personnel Division (MILPERS) (Code 110) and the Command Career Counselor (CCC), Machinist Mate (Auxiliary) 2nd Class Leo Zhang, a native of Monterey Park, California.

“My goal is to take care of Sailors,” said Zhang. “My team helped me do that. We worked together to meet all of our requirements for career development boards (CDB) and Career Waypoints (C-Way) applications which not only helped the Sailors, it helped the command.”

TRFB was one of the 29 NAVSEA activities that received the award.

“This award was unprecedented in that it was earned in an unorthodox manner. MMA2 Zhang and his team of counselors were successful in working an exception to policy that recognized our civilian hiring of separating and retiring Sailors here at TRFB,” said Chief Warrant Officer 3 Brian Curran, TRFB administrative officer. “The exception was granted on the fact that we are not only retaining our talent in uniformed service, but also in the civil service of the Department of the Navy. This type of out of the box thinking is exactly why Zhang was the TRFB Junior Sailor of the Year.”

TRFB’s career counseling team consists of one CCC, two alternate CCCs, and 27 departmental and divisional career counselors who manage the careers of almost 600 Sailors.

“It is not only a testament for the Sailors reenlisting, but proof that the Command Career Counselor and his team are great at the brilliant on the basics programs, taking care of Sailors and giving them options to plan their lives and careers,” said TRFB Command Master Chief T.R. Glazner. “Not everyone gets this award. Thank you, TRFB Sailors, for staying Navy and thank you to our career counselors for a job well done!”
VOTE BEST DESIGN CHALLENGE COIN (& SHIRT!)

Entries by TRFB personnel, for a new TRFB command coin! Sketch will be refined before production. Pick your top 3!

Email TRF.Bangor.WRC.fct@navy.mil your Vote for Front / Back / Shirt

One vote per email address. All votes must be in by March 31. Winners will be announced on or before April 5.

Contact - WRC: Ani Pendergast at 5-4643 / TRF.Bangor.WRC.fct@navy.mil